

# Memphis Fire Department

**Bundles of Joy** 

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## **Memphis Fire Department**

- Approximately 1,900 personnel
  - **350+ Medics**
  - **№ 1500+ EMTs**
- **\$ 59 Stations**
- **\* 60 Engines**
- **\* 27 Truck Companies**
- **36 ALS Ambulances**
- **\* 3 Heavy Squads**
- Sponsoring Agency for USAR Tennessee Task Force 1



## Demographics

- **\*Annual Call Volume 110,000 runs**
- **Stemis 2600**
- **\*Cardiac Arrests 650**



### What is Bundling?!?!

- \* It's a cohesive group of steps that must all be completed to succeed.
- **\* All accepted best practices.**
- \*Focused on how to deliver the best care not what the care should be.
- **\* all-or-nothing!**
- **\* All the Time!**



**\*Ain't it just a protocol?** 

- **\*Often its several protocols**
- \*Protocols often leave room for judgment
- \*May give the impression that things are done at the end of the protocol.



#### Just a checklist?

- Combination of desired actions and evidence based actions
- **\*Usually many elements.**
- No identified accountability, or everybody's!



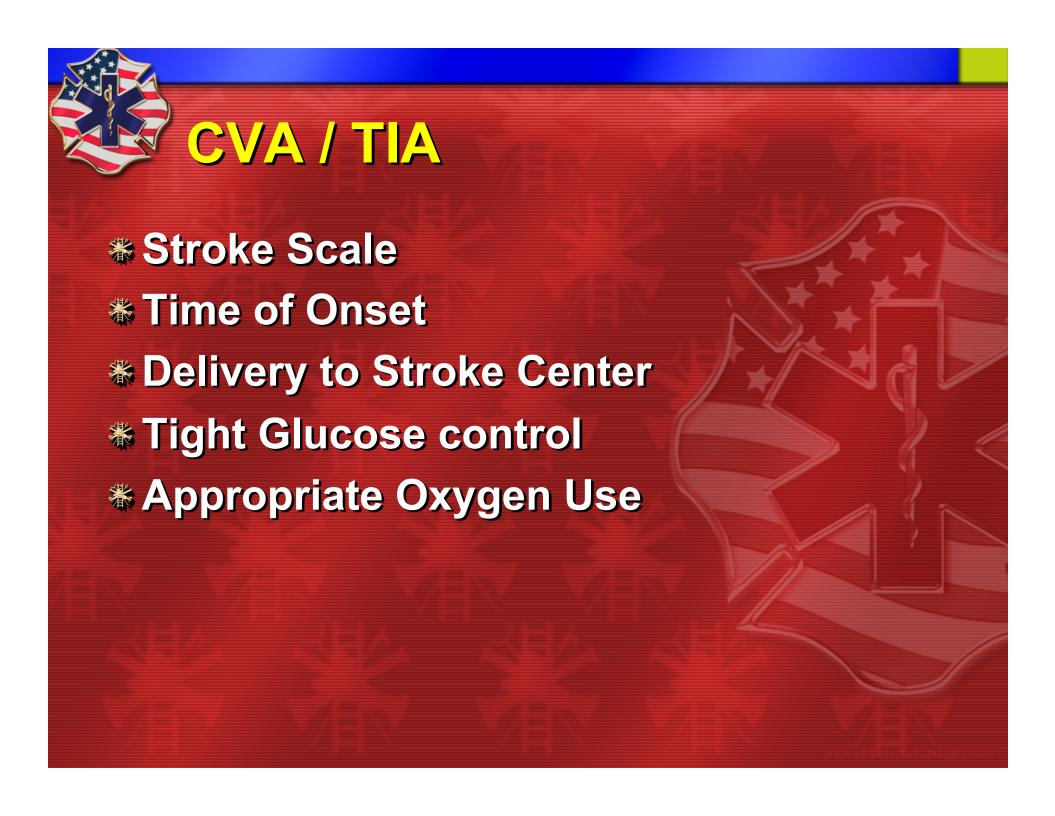
#### A Bundle is...

- \*A bundle is a small but critical set of processes that *cannot* be missed.
- \*When an element is missed, the patient is at much greater risk for serious complications.
- \*A bundle is a person or a team's responsibility period.
- \* It has a specific time frame.



#### Sample Bundle

- **\* Cardiac Arrest** 
  - **\*Continuous, High quality CPR**
  - **\*Early Defibrillation**
  - \*Waveform Capnography
  - \*Induced Hypothermia (intra-arrest)
  - **\*Post ROSC 12 lead**





- **\*12 lead EKG..transmitted**
- \*Aspirin
- **STEMI** center delivery..to cath lab
- **\*Activation to balloon <90 minutes**



#### **Implementation**

Laminated cards for each bundle Lieutenants real-time oversight Qi review and feedback

"If all the bundle isn't done before arrival, you're not finished!!"



\*\* Implementation just beginning with Cardiac Arrest, but have seen increased use of capnography, Hypothermia, and

- **\* Last 5 months...**
- \* 100% STEMI
- **\* A to B time 74 minutes!**



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